



*fusionHR*  
IT'S A PEOPLE THING

# Introduction to Neuro-Linguistic Programming

## Learn how to change patterns of mental and emotional behavior

### Target Audience

This session is designed for senior leaders.

### Course Details

NLP influences brain behaviour through the use of language and other types of communication to enable a person to "re-code" the way the brain responds to stimuli, to manifest new and better behaviours. NLP is "a model of interpersonal communication chiefly concerned with the relationship between successful patterns of behaviour and the subjective experiences (esp. patterns of thought) underlying them" and "a system of alternative therapy based on this which seeks to educate people in self-awareness and effective communication, and to change their patterns of mental and emotional behaviour". The kind of awareness and outlook that makes for a better life, now and in the years ahead.

- Develop extremely highly skilled communication & techniques
- Improve people's effectiveness, productivity and team cohesion
- Influence Brain behaviour through the use of Language
- Set Clear goals and define realistic strategies
- Provide a diverse set of tools for creating change in yourself and others
- Coach new and existing staff to acquire satisfaction from their contribution
- Develop clarity & flexibility giving you the edge that inspires others
- Develop patterns to deal with the unexpected through your own techniques

### Cost

SLA Clients: £95 + VAT per person  
Non-SLA Clients: £120 + VAT per person

### How to Book

Call 01924 827869 or go online to [www.fusionbusiness.org.uk](http://www.fusionbusiness.org.uk) to book.

[enquiries@fusionbusiness.org.uk](mailto:enquiries@fusionbusiness.org.uk)  
[www.fusionbusiness.org.uk](http://www.fusionbusiness.org.uk)  
01924 827869

## Half-Day Workshop

**Date:** TBC

**Time:** 8.30am registration  
9am – 12noon

**Venue:** Fusion Offices, East  
Ardsley

### Speaker Profile

Christine Tooze is a professional Life Coach and Counsellor, is highly trained and uses an extensive range of therapeutic interventions to provide a service that clients can trust. Christine supports clients to develop a more positive mental attitude, handle stress effectively, and understand the emotional pain and explore the many differing relationships we all enjoy.